



# **MuLajoy KiDs EXPLOReR PRoGRaM**



# INTRODUCTION

Our vision is to create a safe place where our children can explore the world around them by allowing them to pursue their natural curiosity. At **MULAJJOY Creativity & Community Center**, we aim to provide our children with life skills and knowledge that are relevant to their environment and community at that time, without neglecting cultures and languages, but by celebrating them and emphasizing our unity.

**MULAJJOY** is a place where our children can be safe, create, learn, explore, play, cook, eat and grow. This is more than a place for the children, but for the whole family to become part of our tribe in the south of Koh Samui.

## WHO We are

We are parents who decided to create a better future for our children, with the help of the wonderful Thai people who have enabled us to create this place where the children can choose what and how they learn and where we focus on the emotional side and teach them life skills that will last forever.

Our 5-day weekly schedule consists of wellbeing time, play time, activity time, project time and free time. We want to create a better environment for our children now and in the future by giving them the tools to give them better opportunities in the years to come.



Our **MULAJJOY Explorer Kids Program** for children, starting from the age of 5, offers a playful, multi-aged, and cultural diverse environment.

Here, children are given the space to connect with others and nurture their language, social-emotional, and executive skills such as self-regulation, problem-solving, and impulse control.

In a supportive and enriched atmosphere, they are encouraged to explore their inner world, grounding themselves in heart, mind, and body, allowing them to blossom into their fullest potential.





# MULAJJOY DeFinition



MULAJJOY combines the concepts of "MULA" and "JOY" to represent a deeper spiritual foundation of happiness and reflects the values of our community and creativity center for children.

"MULA", which means "root" or "origin" in Sanskrit, symbolizes the essential source from which children's lives and experiences emerge. For us, rooting, community and creative expression hold great significance.

"JOY" embodies a profound sense of inner peace and contentment that flourishes in our center when children play, learn, and express themselves creatively in the present moment.

Our activities not only promote personal development but also strengthen connections to the community and nature.



Together: MULAJJOY stands for a joyful and creative existence rooted in a supportive environment. True happiness arises here from embracing individual potential, fostering gratitude, and creating connections among children.

MULAJJOY invites young and young-at-heart individuals to unleash their creativity while celebrating the beauty of life and community.

# VALUES

Live values play a crucial role in our development and how we interact peacefully and cooperatively within our community. We incorporate the language of these values into our daily communication and interactions with the children.

Additionally, we emphasize these values by modeling the qualities we wish to nurture in ourselves and the children, allowing them to fully absorb their significance.

While adults often shield children from difficult experiences to protect them, we believe it's important to discuss challenges and how we can overcome them in appropriate situations. Fostering a growth mindset is essential for learning, and we will strive to reflect this in all our actions.



## SNACK & LUNCH

Healthy vegan snacks are provided daily for the children during the whole day.

They have the freedom to serve and enjoy their snacks independently whenever they feel hungry and ready to take a break. This practice helps them learn to listen to their bodies and recognize the right amounts to eat.

For lunch the kids prepare their own plant based food together with our kitchen team of JOY's KITCHEN and we share a group meal together.

Our food is plant based, contain no sugar, no hydrogenated oils and no MSG.





Our **MULAJoy Explorer Kids Program** is a play-based learning environment within a vibrant, multicultural community. children are free to explore a variety of engaging spaces, including playdough, cooking with our chefs from **JOY's KITCHEN**, beach exploration and our themes for projects and library. Facilitators carefully observe and step in when needed, guiding the children to confidently We believe that play is not merely a pastime or a break from learning, but rather the very way learning unfolds. It is an essential element in a child's growth and development.

## The benefits of play include:

- Nurturing language development
- Sparkling imagination and creativity
- Supporting cognitive growth
- Cultivating emotional well-being and positive behavior
- Enhancing literacy skills
- Encouraging independence
- Promoting physical activities and fitness





# MULTI AGE

We believe in a multi-aged setting where older children can assist the younger ones, fostering values such as compassion, patience, and the ability to reflect on their own skills and learning needs while teaching others.

Children often learn more effectively from their peers. Younger children benefit from absorbing knowledge and skills from older ones, gaining a deeper understanding as a result. This approach allows everyone to learn and grow together, enriching each others' experiences.





# ENGLISH SPEAKING ENVIRONNEMENT



During our learning time, which begins after Welcome Circle around 10.00 am, as well as in the afternoon at 1.00 pm, we support our children in naturally developing their language skills at their own pace.

The emphasis is on playfully enhancing their awareness of sounds and patterns, whether by listening to subtle sound differences or discovering rhymes. Through this holistic experience, children find their own way to reading and writing in English, gradually expanding their vocabulary and formulating words and sentences independently.



Children thrive in natural environments where they can practice speaking, listening, reading, and writing at their own pace. In our setting, we consider the languages of the children during enrollment to maintain a balance between English speakers.

Language and communication skills are all the time fostered through songs, games, stories, and engaging discussions.



# SAFETY & CONNECTION



Providing children with a safe and nurturing environment - both physically and emotionally - is essential. When children feel secure and connected to their surroundings and the people around them, they are in the best state of grow. We achieve this through close relationships, consistent routines, meaningful rituals, and giving them a voice in decision-making within their boundaries.

Upon joining the **MULAJJOY Explorer Kids Program**, children will go through a gentle transision process, allowing them to gradually become familiar with their new environment. While this approach may take a bit more time, it lays a solid foundation for their journey at **MULAJJOY** and beyond, preparing them for the future.







# WEEKLY SCHEDULE

Ensuring both physical and emotional safety is our top priority. That's why the MULAJoy Explorer Kids Program follows a consistent daily schedule with minimal changes. Children arrive knowing what to expect as they navigate their day.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
time / day					
8:45 - 9:00	arrive				
9:00 - 9:30	Free PLAY!				
9:30 - 10:00	MORNING CIRCLE				
10:00 - 10:20	MOVEMENT / STRETCHING				
10:20 - 10:30	snack time				
10:30 - 11:45	PROJECts / WORKSHOPS				
11:45 - 12:00	LUNCH PREP / COOKING CLASS				
12:00 - 12:30	LUNCH at JOY's KITCHEN				
12:30 - 13:00	Free PLAY!				
13:00 - 14:15	PROJECts / WORKSHOPS				
14:15 - 14:30	snack time				
14:30 - 15:00	Free PLAY!				
15:00 - 15:15	PICK UP				
15:00 - 17:00	Late PICK UP				





It's not about smart children.  
It is about **HAPPY CHILDREN** who have the  
confidence and courage to learn and  
pursue things dear to their heart.  
**That's the PLAcE tHeY gEt a MULAJoy eXPLOReR!**

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**SAY HELLO!**

